

REGIONAL VS METRO

WHAT'S THE BEST FIT FOR MY ATHLETE?



REGIONAL	METRO I	METRO II
<p>Tournament Season January- Late April/Mid May</p> <p>Tournament Breakdown 3-4 Travel Events 5-6 Local Events</p> <p>Practices 2 Weekday Practices 1 Weekend Practice</p>	<p>Tournament Season January- Mid March</p> <p>Tournament Breakdown 5-6 Local Events All 1-Day Tournaments</p> <p>Practices 2 Weekday Practices</p>	<p>Tournament Season April- Mid May</p> <p>Tournament Breakdown 3-4 Local Events 1- Day/2 Day Tournaments</p> <p>Practices 2 Weekday Practices</p>
<p>Great for athletes wanting to travel a few weekends and have a longer season!</p>	<p>Great for spring/summer athletes who participate in track, tennis, softball!</p>	<p>Great for winter athletes who participate in basketball, swimming, gymnastics!</p>

Our Metro team level (formerly Non-Travel) will run in two separate sessions each with a separate tryout.

The **Metro I** session will follow a traditional fall tryout and season structure concluding before most Spring Breaks in mid-March.

The **Metro II** session will hold tryouts on March 30th with practices beginning April 2nd.

Metro I players are welcomed and encouraged to tryout again and participate in Metro II along with new players.